

Professor Max Birchwood

Max Birchwood is Professor of Youth Mental Health at the University of Warwick Medical School. He trained as a clinical psychologist and was Clinical Director of Youth Mental Health Services and Director of Research for Birmingham Mental Health Services. His achievements include:

- Developing the science and implementation of Early intervention in psychosis teams, adopted throughout the NHS in the UK and internationally
- Developing 0-25yrs service youth mental health reforms, adopted in the recent NHS plan (2019)
- Pioneer of CBT for psychosis adopted in NICE guidelines and internationally

Max was given the Richard Wyatt award for 'outstanding contribution to early psychosis research and treatment', by the IEPA and is patron to RETHINK, the UK's foremost mental health charity. He has been awarded grants worth over £15M in the last 10 years and has over 200 peer-reviewed publications, with a Google Scholar index of 71.